

Ma raadinaysaa meelo badan oo kuu dhaw oo laga helo cunto caafimaad leh?



**RAMSEY
COUNTY**
Saint Paul –
Ramsey County
Public Health

Booqo websaydka Ilaha Cuntada ee Degmada Ramsey si aad u hesho:

- Khaanadaha cuntada.
- Goobo cunno bilaash ah.
- Dukaanada dukaamaysiga cunnada ee socda.
- Suuqyada beeralayda.
- Goobaha adeegsiga qiimaha jaban ee Fare for All.

Macluumaad dheeraad ah:

- Baro sida loo dalbado barnaamijyada (SNAP, WIC) si u kordhiso miisaaniyadaada cuntada billaha ah.
- Ku soo-degso hagayaasha ilaha cunnada ee la-daabici karo oo ku qoran luqaddaha Isbaanish, Soomaali, Hmong, Karen, Oromo iyo Ingiriisi.

ramseycounty.us/FoodResources



Fur app-ka kamerada telefonkaaga smartka ah, ku beeg koodhka QR dhanka bidixda oo raac xiriirka kuu soo baxa.

ship
statewide health
improvement partnership

